🔥 Anchored in the Fire - Series 2 Study Workbook

FaithfullyThere with Jayson Krause
Living Faithfully in a Chaotic World

📘 How to Use This Workbook

This workbook is designed for:

- Individual study
- Small groups
- Church discussion circles
- Personal devotional growth

Each episode includes:

- Key Scripture
- Core teaching summary
- Reflection questions
- Practical exercises
- Weekly checklist
- Prayer & journaling space

Take your time. This is not about rushing through content it's about letting faith anchor deeper.

🔥 EPISODE 1 — Anchored in the Fire

Key Scripture

Daniel 3:16–18

Core Truth

Faith isn't proven by comfort — it's revealed by fire.

Reflection Questions

1. What current "fire" are you facing in your life?
2. Where are you tempted to compromise your faith?
3. What would it look like to trust God regardless of outcome?

Exercise — Outcome Surrender

Write down what you want God to do… then surrender *how* He does it.

Journal Space:

Weekly Checklist

☐ Daily prayer of surrender
☐ Read Daniel 3 twice this week
☐ Identify one area of compromise to resist

🔥 EPISODE 2 — Faith That Stands

Key Scripture

Ephesians 6:13

Core Truth

Standing firm is an active decision, not passive belief.

Reflection Questions

1. Where do you feel pressure to sit down spiritually?
2. What helps you stand firm in faith?

Exercise — Spiritual Armor Check

Review each piece of armor (Eph. 6) and note which one needs strengthening.

Journal Space:

Weekly Checklist

☐ Pray through the Armor of God daily
☐ Speak Scripture aloud once per day
☐ Remove one distraction pulling you off balance

🔥 EPISODE 3 — Obedience in the Heat

Key Scripture

Genesis 22:2–3

Core Truth

Delayed obedience weakens trust immediate obedience strengthens faith.

Reflection Questions

1. What has God already asked you to do?
2. What fear is slowing your obedience?

Exercise Immediate Yes

Take one clear step of obedience within 24 hours.

Weekly Checklist

☐ Obey promptly this week
☐ Fast one comfort as a reminder of surrender
☐ Journal obedience moments

🔥 EPISODE 4 — Remaining Faithful When You Feel Worn Down

Key Scripture

Galatians 6:9

Core Truth

Weariness does not disqualify you — quitting does.

Reflection Questions

1. Where do you feel spiritually tired?
2. What has drained your faith recently?

Exercise — Holy Rest

Plan intentional rest without guilt.

Weekly Checklist

☐ Short, honest prayers daily
☐ One intentional rest period
☐ Ask for help instead of isolating

🔥 EPISODE 5 — Faithfulness in Silence

Key Scripture

Psalm 46:10

Core Truth

God’s silence is often His preparation.

Reflection Questions

1. How do you respond when God feels quiet?
2. What has God already spoken that still applies?

Exercise — Silent Trust

Spend 10 minutes in silence before God.

Weekly Checklist

☐ Stillness practice 3x this week
☐ Obedience without reassurance
☐ Journal past faithfulness

🔥 EPISODE 6 — Faith Under Pressure

Key Scripture

James 1:2–4

Core Truth

Pressure refines faith — it doesn't ruin it.

Reflection Questions

1. What pressure are you under right now?
2. How do you normally respond?

Exercise — Pause Before Reacting

Practice prayer before response.

Weekly Checklist

☐ Pray before reacting
☐ Speak Scripture during stress
☐ Replace panic with praise

🔥 EPISODE 7 — Resisting Drift

Key Scripture

Hebrews 2:1

Core Truth

Drift happens quietly — anchors stop it.

Reflection Questions

1. Where have you slowly drifted?
2. What habits need restoring?

Exercise — Recommitment

Restart one abandoned spiritual habit.

Weekly Checklist

☐ Daily check-in with God
☐ One restored habit
☐ Weekly spiritual evaluation

🔥 EPISODE 8 — Faith That Endures

Key Scripture

Matthew 7:24–25

Core Truth

Consistency builds endurance.

Reflection Questions

1. Where do you need consistency?
2. What shortcuts are tempting?

Exercise — Small Faith Steps

Commit to one small daily discipline.

Weekly Checklist

☐ Consistency over intensity
☐ Daily Scripture reading
☐ Faithful follow-through

🔥 EPISODE 9 — Living Anchored Daily

Key Scripture

Colossians 2:6–7

Core Truth

Daily rhythms create lifelong faith.

Reflection Questions

1. What anchors your mornings?
2. How do you recalibrate spiritually?

Exercise — Daily Anchor Rhythm

Morning surrender • Midday prayer • Evening reflection

Weekly Checklist

☐ Morning surrender
☐ Midday recalibration
☐ Evening gratitude

🔥 EPISODE 10 — Unshaken

Key Scripture

Hebrews 12:28

Core Truth

Anchored faith remains unshaken.

Reflection Questions

1. What shakes your faith most?
2. What helps you stay rooted?

Exercise — Gratitude Anchoring

Write 10 reasons you trust God.

Weekly Checklist

☐ Gratitude daily
☐ Worship beyond circumstance
☐ Faith beyond sight

🙏 Final Commitment Page

Personal Faith Commitment:

Prayer:
Lord, anchor my faith. Keep me faithful when the fire burns. Let my life reflect trust, obedience, and endurance. Amen.

🔥 *You are anchored. You are not alone. You are faithful.*